

This quick, practical read, focused on various aspects of later life stages for single women, has enough common sense advice to benefit single men too.

— Mark Venning, Change Rangers

If you are over 45, single by choice or chance, living in Canada today and are examining the options for your future, this book is for you. The path you take depends on your preparedness, from where you will live to how best to cope with aging parents and how you will address your own financial future.

This book will assist you in designing a life plan that encompasses not only financial goals but also your other life priorities—such as career, relationship and other personal goals.

Read on to find your own path to a happy, healthy and financially stable longer life.

Jill O'Donnell, BA, RN, has been a trailblazer and trendsetter in the field of eldercare management in Canada since 1981. She is the Director of Jill Cares, a division of SPARK DIRECT HEALTH. Jill is co-author of *The Canadian Retirement Guide* and *The Retirement Guide* (USA) and a memoir, *Searching for Robert. Finding Andrew*. She is a well-known presenter at international, national, regional and local conferences on aging.

Jackie Porter, BA, CFP is a financial advisor, helping families, businesses and professionals for over 19 years. She is a featured speaker and advocate for numerous corporate, non-profit and charitable organizations.



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O'Donnell & Porter · SINGLE BY CHOICE OR CHANCE

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To help (Canadian women over 45) plan for a fulfilling life on their own, authors Jill O'Donnell and Jackie Porter give advice on how to age gracefully. The book is full of suggestions, tips and ideas, delivered in a friendly, non-judgemental way.

— Ellen Roseman, personal finance writer and continuing education instructor.

SINGLE BY CHOICE OR CHANCE

The smart woman's guide
to living longer, better

Jill O'Donnell & Jackie Porter